

Autumn/Winter Week 1 2017/18

Weeks commencing; 04/09, 25/09, 16/10, 13/11, 04/12, 08/01, 29/01

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday                                  |
|---|--|--|---|---|
| <b>Burger in a Bun</b>                              | <b>Chicken &amp; Optional Korma Sauce served with Naan Bread</b> | <b>Roast Loin of Pork with Gravy &amp; Yorkshire Pudding</b> | <b>Braised Steak served with Yorkshire Pudding</b>    | <b>Giant Fish Finger Steak Fries</b>    |
| <b>Jacket Potato, Baked Beans &amp; Garden Peas</b> | <b>Rice, Peas &amp; Carrots</b>                                  | <b>Oven Baked Potatoes, Broccoli &amp; Cauliflower</b>       | <b>Creamed Potato, Baby Carrots &amp; Cauliflower</b> | <b>Garden Peas &amp; Sweetcorn</b>      |
| <b>Rice Pudding &amp; Fruit</b>                     | <b>Lemon Drizzle &amp; Custard</b>                               | <b>Fruity Flapjack &amp; Ice-cream</b>                       | <b>Shortcake &amp; Custard</b>                        | <b>Chocolate Cookie &amp; Milkshake</b> |
| <b>or</b>   | <b>or</b>  | <b>or</b>  | <b>or</b>   | <b>or</b>                               |
| <b>Fresh Fruit or Low Fat Yoghurt</b>               | <b>Fresh Fruit or Low Fat Yoghurt</b>                            | <b>Fresh Fruit or Low Fat Yoghurt</b>                        | <b>Fresh Fruit or Low Fat Yoghurt</b>                 | <b>Fresh Fruit or Low Fat Yoghurt</b>   |

Week 2 2017/18

Weeks commencing; 11/09, 02/10, 23/10, 20/11, 11/12, 15/01, 05/02

| Monday                                      | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| <b>Ham Pasta Bake</b>                       | <b>Minced Beef Cobbler</b>                       | <b>Roast Ham served with Yorkshire Pudding</b>              | <b>BBQ Chicken Wrap</b>                           | <b>Battered Fish Fillet served with Steak Fries</b> |
| <b>Crusty Bread, Carrots &amp; Broccoli</b> | <b>Herby Potatoes, Carrots &amp; Green Beans</b> | <b>Creamed Potato, Cauliflower Cheese &amp; Garden Peas</b> | <b>Jacket Potato, Sweetcorn &amp; Garden Peas</b> | <b>Garden Peas &amp; Sweetcorn</b>                  |
| <b>Iced Cornflake Special &amp; Custard</b> | <b>Fruit Muffin &amp; Milkshake</b>              | <b>Strawberry Mousse (not suitable for vegetarians)</b>     | <b>Chocolate Brownie</b>                          | <b>Sticky Toffee Pudding &amp; Custard</b>          |
| <b>or</b>                                   | <b>or</b>  | <b>or</b>   | <b>or</b>   | <b>or</b>   |
| <b>Fresh Fruit or Low Fat Yoghurt</b>       | <b>Fresh Fruit or Low Fat Yoghurt</b>            | <b>Fresh Fruit or Low Fat Yoghurt</b>                       | <b>Fresh Fruit or Low Fat Yoghurt</b>             | <b>Fresh Fruit or Low Fat Yoghurt</b>               |

Week 3 2017/18

Weeks commencing; 18/09, 09/10, 06/11, 27/11, 18/12, 22/01

| Monday                                       | Tuesday                                  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
| <b>Chicken &amp; Sweetcorn Pizza</b>         | <b>Spaghetti Bolognese</b>               | <b>Roast Chicken served with Sage &amp; Onion Stuffing</b> | <b>Pork Sausage served with Yorkshire Pudding</b>        | <b>Salmon Fishcake served with Steak Fries</b> |
| <b>Jacket Potato, Peas &amp; Baked Beans</b> | <b>Crusty Bread, Mixed Vegetables</b>    | <b>Baby New Potatoes, Broccoli &amp; Carrots</b>           | <b>Creamed Potato, Broccoli &amp; cauliflower Medley</b> | <b>Garden Peas &amp; Sweetcorn</b>             |
| <b>Chocolate Crunch &amp; Custard</b>        | <b>Orange Cookie &amp; Orange Wedges</b> | <b>Eve's Pudding &amp; Custard</b>                         | <b>Chocolate Krispie Slice</b>                           | <b>Syrup Sponge &amp; Custard</b>              |
| <b>or</b>                                    | <b>or</b>                                | <b>or</b>  | <b>or</b>  | <b>or</b>                                      |
| <b>Fresh Fruit or Low Fat Yoghurt</b>        | <b>Fresh Fruit or Low Fat Yoghurt</b>    | <b>Fresh Fruit or Low Fat Yoghurt</b>                      | <b>Fresh Fruit or Low Fat Yoghurt</b>                    | <b>Fresh Fruit or Low Fat Yoghurt</b>          |