

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.40
Or
FIVE MEALS IN
ONE WEEK FOR
£11.00

The Vegetarian Option at Crofty's Restaurant



AVAILABLE EVERY DAY!

Children can choose either the pudding of the day or a piece of fruit or yoghurt. Excellent value for £2.40 and very healthy. **Meals served at Crofty's Restaurant contain Allergens. The list of Allergens in any meal is available on request from the Molescroft School Kitchen (Tel: 01482 861762).**

MONDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Fillet with BBQ Sauce and Potato Wedges and a Choice of Bread.
Choice of four vegetables.
NO LIMIT on vegetables.
Homemade Jam and Coconut Sponge with Custard
or **Piece of Fruit**
or **Yoghurt.**

THURSDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Roast with Stuffing and Roast Potatoes and a Choice of Bread.
Choice of four vegetables.
NO LIMIT on vegetables.
Selection of Cold Desserts
or **Piece of Fruit**
or **Yoghurt.**

TUESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Vegetable Casserole with Yorkshire Pudding and Boiled Potatoes and a Choice Bread.
Choice of four vegetables.
NO LIMIT on vegetables.
Ice Cream
or **Piece of Fruit**
or **Yoghurt.**

FRIDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Vegetarian Sausage with Chips and a Choice of Bread.
Choice of four vegetables.
NO LIMIT on vegetables.
Homemade Flapjack
or **Piece of Fruit**
or **Yoghurt.**

WEDNESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Fajitas with Rice and a Choice of Bread.
Choice of four vegetables.
NO LIMIT on vegetables.
Homemade Chocolate Brownie
or **Piece of Fruit**
or **Yoghurt.**

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range.

TO RECEIVE A VEGETARIAN DINNER, PARENT/CARERS MUST INFORM THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN

Crofty's Restaurant

Week Commencing Monday 20 November 2017