

THE PRICE OF A
HOT SCHOOL
MEAL OR SALAD
& PUDDING IS
£2.40
Or
FIVE MEALS IN
ONE WEEK FOR
£11.00

The Vegetarian Option at Crofty's Restaurant



AVAILABLE EVERY DAY!

Children can choose either the pudding of the day or a piece of fruit or yoghurt. Excellent value for £2.40 and very healthy. **Meals served at Crofty's Restaurant contain Allergens. The list of Allergens in any meal is available on request from the Molescroft School Kitchen (Tel: 01482 861762).**

MONDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Sausage with Yorkshire Pudding and Boiled Potatoes and a Choice of Bread.

**Choice of four vegetables.
NO LIMIT on vegetables.**

Homemade Syrup Sponge with Custard or **Piece of Fruit** or Yoghurt.

THURSDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL



ST ANDREW'S DAY

Vegetable Nuggets with Crispy Diced Potatoes and a Choice of Bread.

**Choice of four vegetables.
NO LIMIT on vegetables.**

Homemade Scottish Shortbread or **Piece of Fruit** or Yoghurt.

TUESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Vegetarian Bolognese with Pasta and Crusty Bread.

**Choice of four vegetables.
NO LIMIT on vegetables.**

Homemade Chocolate Crunch and Pink Sauce or **Piece of Fruit** or Yoghurt.

FRIDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Margherita Pizza with Chips and Beans and a Choice of Bread.

**Choice of four vegetables.
NO LIMIT on vegetables.**

Selection of Cold Desserts or **Piece of Fruit** or Yoghurt.

WEDNESDAY

OUR HEALTHY VEGETARIAN HOMEMADE MEAL

Quorn Roast with Stuffing and Herby Potatoes and a Choice of Bread.

**Choice of four vegetables.
NO LIMIT on vegetables.**

Homemade Tutti Fruity Cake or **Piece of Fruit** or Yoghurt.

VEGETABLES EVERY DAY

Included with every hot meal will be a choice of **four vegetables**. Children may self serve as many vegetables as they wish from the range.

TO RECEIVE A VEGETARIAN DINNER, PARENT/CARERS MUST INFORM THE OFFICE IN WRITING STATING THAT THEIR CHILD IS A VEGETARIAN

Crofty's Restaurant

Week Commencing Monday 27 November 2017