

Autumn/Winter 2018-19

(Week 1)

Weeks commencing; 03/09, 24/09, 15/10, 12/11, 03/12, 7/1, 28/01

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Pasta Bake	Beef burger	Roast Loin of Pork Yorkshire Pudding	Chicken Curry Naam Bread	Harry Ramsdens Fish Fillet
Crusty Roll Winter Salad sweetcorn	Jacket Potato Baked Beans	Baby Potatoes Green Beans & Baby Carrots	Steamed Rice Mixed Vegetables	Steak Fries Garden Peas & Baked Beans
Chocolate Cookie Milkshake	Winter Berry Crumble Ice cream	Strawberry Mousse	Jam & Coconut Sponge Custard	Lemon Fruit Muffin
or	or	or	or	or
Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt

Week 2

Weeks commencing; 10/09, 01/10, 22/10, 19/11, 10/12, 14/01, 04/02

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni Pizza	Classic Lasagne	Roast Ham served with Yorkshire Pudding	Chicken Mayo Wrap	Salmon Fish Nuggets
Jacket Potato Garden Peas & Baked Beans	Crusty Bread Mixed Vegetables & Winter Salad	Mash Potato Broccoli & Carrots	Steamed Rice Sweetcorn & Peas	Steak Fries Garden Peas & Sweetcorn
Marble Sponge & Custard or	Chocolate Krispie Slice	Fresh Fruit Cocktail	Orange Shortbread & Custard or	Apple Flapjack & Ice Cream or
Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt

Week 3

Weeks commencing; 17/09, 08/10, 05/11, 26/11, 17/12, 21/01, 11/02

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Style Chicken	Sausages & Yorkshire Pudding	Roast Chicken Sage & Onion Stuffing	Savoury Mince Cobbler	Giant Fish Finger
Steamed Rice Broccoli & Carrots	Baby Potatoes Carrots/Swede & Peas	Sweet Mash Potato Green Beans & Sweetcorn	Mash Potato Broccoli Cauliflower Mix Carrots	Steak Fries Garden Peas & Sweetcorn
Syrup Sponge & Custard or	Chocolate Mousse & Mandarins	Oaty Biscuit & Milkshake	Eves Pudding & Custard or	Chocolate Crunch & Custard or
Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt