

Autumn/Winter 2019-2020

(Week 1)

Weeks commencing; 02/09, 23/09, 14/10, 11/11, 02/12, 06/01, 27/01

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Baguette Tomato Sauce	Sticky Chicken Wrap	Roast Gammon Pineapple	Spaghetti Bolognese Pasta	Fish Nibbles Tomato Sauce
Sauté potatoes Baked Beans Coleslaw	Savoury rice Peas Sweetcorn	Sweet Mash Potato Carrots Broccoli	Crusty Bread Mixed Vegetables salad	Chips Garden Peas Sweetcorn
Lemon Drizzle Cake Custard	Orange Iced Cookie Apple Wedge	Apricot Shortcake Custard	Banoffee Mousse & Banana	Chocolate Crisp & Mandarin Milkshake
or	or	or	or	or
Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt

Week 2

Weeks commencing; 09/09, 30/09, 21/10, 18/11, 09/12, 13/01, 03/02

Monday	Tuesday	Wednesday	Thursday	Friday
Marguerite Pizza	Pork Meatballs In Tomato Sauce	Roast Chicken served with Yorkshire Pudding	Ham and Broccoli Pasta Bake	Fish Finger Mayo Wrap
Jacket Potato Coleslaw & Baked Beans	Rice Sweetcorn & Green Beans & Crusty Bread	Mash Potato Broccoli & Carrots	Garlic Bread Salad & Mix Vegetables	Chips Baked Beans & Salad
Frosted Chocolate Cake	Apple Crisp Custard	Artic Roll and Peaches	Melting Moment Biscuit & Milkshake	Lemon Sponge & Chocolate Sauce
or	or	or	or	or
Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt

Week 3

Weeks commencing; 16/09, 07/10, 04/11, 25/11, 16/12, 20/01, 10/02

Monday	Tuesday	Wednesday	Thursday	Friday
Mild Chicken Curry	Beef Pie	Loin of roasted Pork Yorkshire Pudding	Neapolitan Cheesy Pasta Bake	Harry Ramsdens Fish Fillet
Rice Naan Bread Baby Carrots & Pea Mix	Creamed Potatos Carrot & Swede mix Fresh Cabbage	Baby Boiled Potatoes Broccoli & Cauliflower Fresh Carrots	Garlic Bread Salad Green Beans	Chips Mushy Peas & Sweetcorn
Jam + Coconut Sponge & Custard	Chocolate Crunch & Strawberry Sauce	Fruit Cheesecake	Apple Flapjack & Custard	Frozen Yoghurt & Milkshake
or	or	or	or	or
Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt	Fresh Fruit or Low Fat Yoghurt

The schools meals team does not knowingly purchase any food or drink source that contains nuts or nut derivatives. Currently manufacturers will not declare that their products are 'Nut Free' due to the possible risks of cross contamination in production, processing, packaging or transportation. For this reason, we are unable to guarantee our menus are nut free.