

1. RESPONSIBILITIES

Woodmansey CE Primary and the Governing Body recognise the important connection between a healthy diet and a student's ability to learn effectively and achieve high standards in school. The Governing Body will ensure that the school achieves the current nutritional standards for schools meals.

The Governing Body recognises that meal times are a fundamental experience for all people; a primary way to nurture and celebrate our cultural diversity; and an excellent bridge for building friendships and inter-generational bonds.

The Governing Body also recognises the role a school can play, as part of the larger community, to promote family health, and sustainable food and farming practices.

Woodmansey CE Primary currently out sources school meals from another Primary in Beverley and follows the menu of that school.

2. AIM

To set the highest example and encourage a responsible and healthy attitude to diet, food purchase and preparation.

3. OBJECTIVES

To ensure that all aspects of food and drink in school promote the health and well being of the pupils, staff and visitors to our school.

- Promote and encourage healthy eating practices by increasing knowledge and awareness of food issues, including what constitutes a healthy and environmentally sustainable diet.
- To increase pupils' knowledge of food production, manufacturing, distribution and marketing practices and their impact on both health and environment.
- To source, where possible food ingredients from local suppliers.
- To ensure pupils who take school meals are well nourished at school and that every pupil has access to safe, tasty and nutritious food and an easily available water supply during the school day.
- To make the provision and consumption of food an enjoyable and safe experience.
- To encourage an increased take up of the school meals by virtue of the fact that the meals are healthy, nutritious and good value.
- To only offer healthy food, well balanced meals to our pupils at school.

4. METHODS

- The school meals will only provide a healthy menu every day.
- Jacket Potatoes available daily with a 'topping of the day'.
- Pupils can return to the vegetables for an extra portion if supply allows.

- Free Fruit is available for Infants every day.
- Sweets and sugar drinks are not allowed to be brought into school by pupils for breaks or snacks nor will they be sold to pupils (exceptions will be made for birthdays and very special occasions).
- The contents of lunchboxes are however the private matter of parents unless they break Health and Safety regulations.
- Every child will have a water bottle in the classroom and only water or a diluted sugar free juice drink allowed with it.
- Pupils have free access to water all day.
- Through the sustainable/Eco school agenda and the use of the Allotment Area pupils will learn about:
 - Growing of fruit and vegetables
 - Sustainable agriculture
 - Fair Trade
- Through the Science and PSHCE curriculum to promote understanding of the effects of a healthy/unhealthy diet and to promote key ideas such as “five a day”.
- To use food as a means of developing cross-curricular links and for purposes of marking events and celebrations.
- Pupils are not allowed off site to purchase food.
- The hall is maintained in an attractive manner to encourage children to enjoy their meals.
- All children are given enough time to eat their meals.